



PHILIPPINE CONSULATE GENERAL
P R E S S R E L E A S E

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ADVISORY ON SWINE INFLUENZA INCIDENTS

The Philippine Consulate General in New York encourages the Filipino-Americans in Northeast States to take precautionary measures to avoid getting the swine flu, which has already affected certain individuals in New York.

Important information about the swine flu and the precautionary measures that the public can adopt are contained in the advisory entitled **“Swine Influenza: What New Yorkers Need To Know”** issued by the New York City Department of Health and Mental Hygiene (DOHMH).

As stated in the advisory, among the best ways to avoid getting or spreading swine influenza are the following:

- Covering mouth and nose when coughing or sneezing.
- Washing hands often with soap and water, especially after coughing or sneezing. Alcohol-based hand cleaners are also effective.
- Try to avoid close contact with sick people.
- If you get sick, limit contact with others to avoid infecting them.

A copy of the advisory is attached for the public's reference.

Updates on swine flu may be obtained from the www.nyc.gov (New York City Government) and www.cdc.gov (Centers for Disease Control and Prevention).

Filipino-Americans are encouraged to constantly monitor the news about the incidence of swine flu within and outside their areas, and stay vigilant for any possible threats to their health. - END